

2012 Healthy Vending and Salad Bars in Private and Public Worksites Mini Grant Application

Agency _____

Address _____ City/State/ZIP _____

Project Contact _____

Phone _____ FAX _____ **Email address** _____

Fiscal Director (if different than listed above) _____

Address _____ City/State/ZIP _____

Phone _____ FAX _____ **Email address** _____

Purpose of the mini-grant: Implement a healthy eating environment initiative (vending machine and salad bar initiative - if cafeteria on site) at a minimum of one location from January 1 through May 15, 2013. In order to be eligible, the location needs to have at least one beverage and at least one snack machine or cardboard snack box. A cafeteria onsite is not a requirement to be eligible, however, materials will be provided if there is a cafeteria. The project coordinator must have attended *The Healthy Iowa Worksites Conference* held on March 27, 2012 at the Brown Deer Golf Club in Coralville, Iowa

Required as a part of application process:

Complete the Nutrition Environment Measures Survey - Vending ([NEMS-V](#)) assessment for one (or more) location(s) and complete the table below for each location **IF** you choose more than one location. This information will be used to determine how much signage will be provided for the vending machines and ensure that we select a balance of blue and white collar worksites in rural and suburban areas including, at a minimum, eight state or county worksite facilities.

Location (Name and address of building)	Estimated White collar*, Blue collar or Mix (___% White; ___% Blue)	E-mail address used to enter data into NEMS-V Report Card	Name and position/title of onsite vending machine decision maker	Cafeteria on site? Yes or No

*The term **white-collar worker** refers to a person who performs professional, managerial, or administrative work, in contrast with a [blue-collar worker](#), whose job requires [manual labor](#). Typically white collar work is performed in an office or cubicle.

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Project period: December 1, 2012 through May 15th, 2013

If selected, agree to complete the following steps in the workplace:

- Contact the location vendor to determine which foods they can provide that meet NEMS-V criteria. Use NEMS-V Product Listing ([link](#)) and/or NEMS-V Healthy Choices Calculator ([link](#)) to find products to suggest to vendors.
- Make arrangements with the vendor to do product tastings. **You will be provided \$100 for product tastings.**
- Develop a plan to market healthy vending machine options. **You will be provided a copy of *Healthy Iowa Worksites - A Collection of Active & Eating Smart Tools for Building Your Worksite Wellness Program and the following NEMS-V Mix it Up campaign materials:*** click [NEMS-V Promotional Ideas](#) to view materials,
 - Food vending machine signs
 - Beverage vending machine signs
 - Brochures
 - 8 1/2 X 14" laminated signs to post throughout the building
 - Foam backed toppers for each snack machine
 - Yellow and green 1/2" stickers and product pushers to mark healthy products in all machines
 - [Salad bar signage and silicone utensil markers](#) - **You will be provided these items ONLY if you have a cafeteria onsite**
- Provide incentives to employees who purchase healthy options and/or determine pricing adjustments. **You will be provided \$150 for purchasing employee incentives.**
- At the end of the project period (May 15th, 2012):
 1. Re-assess the intervention machines. Make sure that you use the same e-mail that you used for the first assessment. Data for the intervention machines is stored on NEMS-V website.
 2. Submit minutes/results from meeting with worksite wellness committee/CEO identifying goals and action plans for improving and sustaining healthy food and beverage options.
 3. Write and submit a copy of a worksite resolution/policy or a list of proposed or completed action(s) towards policy implementation requiring at least 30% of vending options as healthy choices at the location(s) where the assessments have occurred.
- Complete short, electronic follow-up survey in November, 2013.

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Send a copy of **each** vending machine building location cover sheet (**IF** more than one location is assessed) and the signed application to Carol Voss by close of business **September 15, 2012.**

ATT: Carol Voss, Nutrition Coordinator, Iowans Fit for Life
Iowa Department of Public Health
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321 East 12th Street
Des Moines, Iowa 50319
P: 515.242.5566
F: 515.281.4913
carol.voss@idph.iowa.gov

Name of Project Coordinator

Name of CEO/Vending Machine
Decision Maker

Signature of Project Coordinator

Signature of CEO/Vending Machine
Decision Maker

If you have any questions, please contact Carol (carol.voss@idph.iowa.gov; 515-242-5566) or Susan Klein (SusanKlein50@gmail.com; 515-240-0368).

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