

2013 NEMS-V, Walkability, and Child Care Television Viewing
Mini Grant Application

County Board of Health _____

Address _____

City/State/ZIP _____

Project Contact _____

Phone _____ FAX _____

Email address _____

Fiscal Director (if different than listed above) _____

Address _____

City/State/ZIP _____

Phone _____ FAX _____

Email _____

1. I will complete the following assessment in my community: (Please select **only ONE**. You must select a different community or business than you did in 2012) - see page 2 of this application for required tasks.

NEMS-V Vending
Location(s) you will assess: _____

Walking with a Purpose
Community or neighborhood you will assess: _____

Television Viewing in Child Care
Child care business(s) you will work with: _____

2. I will share the results with the following community partners/coalition/organization _____

4. For reimbursement, applicants will complete required reporting forms and completed GAX form (supplied upon completion of completely executed contract).

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Funding is limited and will be awarded on a first come/first serve basis. Please submit your completed application no later than **COB, January 25, 2013** to:

Carol Voss, (515) 242-5566

FAX (515) 281-4913

cvoss@idph.state.ia.us

Mini grant requirements:

- Walkability Assessment -
http://www.idph.state.ia.us/iowansfitforlife/common/pdf/access_your_community.pdf
 - Select the date to walk (must be before May 31, 2013).
 - Assemble a group to complete the walk. The group should be a combination of students, parents, city officials (i.e. planning and zoning, police, mayor, city council, etc.) and other interested citizens.
 - Take the walk and complete the *Walking with a Purpose* walkability assessment.
 - Complete the Walking with a Purpose **Report** document and e-mail to Sarah Taylor Watts (sarah.taylorwatts@idph.iowa.gov) along with any photos from the walk by close of business **May 31, 2013**.
 - Take the results of the walk and share them with key decision makers to make your community more walkable.
- Vending Machine Assessment - (www.nems-v.com)
 - Conduct assessment(s) using Nutrition Environment Measures Survey - Vending (NEMS-V) tools and enter data to generate a report card for location(s) being assessed.
 - Form a committee or coalition to discuss opportunities resulting from this assessment or present the findings to a currently existing organization wellness committee or community coalition.
 - Send completed NEMS-V report card for each location (or send electronically the e-mail address(es) where data was entered on NEMS-V website) and minutes from committee or coalition meeting to Carol Voss by close of business **May 31, 2013**.
- Child Care Television Viewing
 - Select child care businesses in your community who would like to modify their television viewing practices (you may wish to additionally address physical activity or nutrition, that is fine but you **must** address television viewing). You must work with at least one center or three child development homes.
 - Review recommended television viewing practices language at <http://www.centertrt.org/?a=intervention&id=1108> for suggested language regarding television viewing.
 - Work with the child care business to modify their practices.

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- Complete Television Viewing in Child Care **Report** document and email to Sarah Taylor Watts (sarah.taylorwatts@idph.iowa.gov) by close of business on **May 31, 2013**.

The walkability assessment reporting form and the child care television viewing report was attached to the e-mail message announcing mini grant funding. You may view a sample report card for the NEMS-V assessments at <http://www.nems-v.com/NEMS-VSampleReport.html>

If you have any questions, please contact Carol Voss at the numbers listed below.

Carol Voss, MEd, RD, LD

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