

NEMS-V Report Card

Any Worksite

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Nutrition Environment Measurement Survey-Vending (NEMS-V)

Vending Machine Report Card

Chronic health problems, including overweight, obesity, type 2 diabetes, high blood pressure and cardiovascular disease, are increasing in epidemic proportions. These health problems are now afflicting not only adults, but youth as well.

Communities need to understand the multiple factors influencing risk for these health problems, one of which is the nutrition environment. The nutrition environment reflects those foods available for consumption. The overarching premise is that individual food consumption is influenced and impacted by the food available in the environment.

Using the nationally recognized tools, Nutrition Environment Measures Survey (NEMS) from Emory University, communities can measure the availability of food choices in the grocery store, convenience store or restaurant.

An additional tool, NEMS-V was developed to evaluate the worksite vending machine environment.

Next steps:

- Show results of NEMS-V assessment to worksite wellness coordinator, human relations director, CEO or whoever handles vending contracts
- Survey employees to learn more about vending purchasing habits and food/beverage preferences
- Contact vendor to determine which foods they can provide that meet "yellow" or "green" criteria (see website for food/beverage calculator)
- Make arrangements with vendor to do product tasting
- Develop a plan to market healthy choices, creating a demand for healthy food options
- Determine any pricing adjustments and/or provide incentives to employees for purchasing healthy options.

The Complete Picture of Your Vending Machines

Type of Machine	Location	Current Award	Number of healthy choices to add for:		
			Bronze	Silver	Gold
Cold Beverage	Dr. Pepper	SILVER	0	0	1

Red Slots: 3 Yellow Slots: 3 Green Slots: 3 Total of Green and Yellow slots%: 66%

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You need to improve the selection in this vending machine. See the chart below for the number of healthy choices needed to improve to the next level.

Type of Machine	Location	Current Award	Number of healthy choices to add for:		
			Bronze	Silver	Gold
Cold Beverage	Dasani	None	12	16	20

Red Slots: 30 Yellow Slots: 5 Green Slots: 5 Total of Green and Yellow slots%: 25%

****This machine may not be accessible for all users. Click here for more info.****

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You need to improve the selection in this vending machine. See the chart below for the number of healthy choices needed to improve to the next level.

Type of Machine	Location	Current Award	Number of healthy choices to add for:		
			Bronze	Silver	Gold
Snacks	Snack - Left	BRONZE	0	4	8

Red Slots: 28 Yellow Slots: 7 Green Slots: 5 Total of Green and Yellow slots%: 30%

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You need to improve the selection in this vending machine. See the chart below for the number of healthy choices needed to improve to the next level.

Type of Machine	Location	Current Award	Number of healthy choices to add for:		
			Bronze	Silver	Gold
Snacks	Snack - Right	None	8	12	16

Red Slots: 36 Yellow Slots: 2 Green Slots: 2 Total of Green and Yellow slots%: 10%

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No site level award

[Print Site Level Award](#)

Your Vending Machines Totals

Total Green Slots = 15 Total Yellow Slots = 17 Total Red Slots = 97

Total Number of Gold Machines = 0
 Total Number of Silver Machines = 1
 Total Number of Bronze Machines = 0
 Total Number of no award machines = 3

Email Address: state1@iowa.gov