



MIX IT UP

MIX IT UP

MIX IT UP ON YOUR BREAK

There are plenty of new healthy choices to choose from. So when you're at the vending machine pick out a **yellow** or **green** item. And make your snack break a healthy one.



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THOSE CALORIES REALLY ADD UP

You don't care about what's on the back of a label as long as it tastes good. Healthy food can taste good, too. That's why we have added healthier options in our vending machines for you to enjoy. You can find them because they will have a **green** or **yellow** sticker next to them. Mix it up to live a healthier life.



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**ONE SNICKERS
WILL TAKE
60 MINUTES
OF RIDING A BIKE
TO BURN OFF**

The **red** items taste good, but t can really add up. That's why you should substitute a **green** or **yellow** snack several times a week. They're healthier for you and are a lot easier to burn off. So start a healthier lifestyle at work. Mix it up.



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